MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.

Event Venue	Gosling Sports Centre, Welwyn	**CoR**	ESSKIA Qualifiers
Event Dates	September 20th 2026	**Event Status**	**ESSKIA Schools Event**
Event Doctor *(if appropriate)*	n/a	Phone: +44.....	
First Aid provided by name:	Organising Committee Gosling Sports Park	Gosling will provide a qualified First Aider to be present at the foot of the slope throughout the event. In addition, the Duty Manager is a qualified first aider. Contactable by phone (01707 903840) and by radio via Goslings staff located at ski hut and at bottom of slope, will be summoned in the event of an incident	
Local Surgery or NHS 'walk-in' centre ***(if appropriate)***	**Address:** Not Applicable given proximity of MIU / A&E Hospital	**Level of Care:**	
Hospital	**QE II, Howlands, Welwyn Garden City AL7 4HQ** **Phone**: 01438 314333 **From Venue:** 2.3 miles, 8 minutes with ambulance/car **Directions:** 3rd exit at roundabout at Sports Park Exit. Follow "QE11 Hospital" signs. **Lister Hospital, Coreys Mill Lane, Stevenage SG1 4AB** **Phone:** 01438 314333	**Level of Care:** Minor Injuries Unit Full A&E	

	From Venue: 8 miles, 12-15 minutes with ambulance/car **Directions:** 1st exit at roundabout at Sports Park Exit. Follow signs for Northbound A1(M), Take Junction 8 Exit. Follow A&E Hospital signs	
Pharmacy	Boots, 38-40 Howards Gate, Welwyn Garden City, Hertfordshire, AL8 6PU **Phone: 01707 322608** **From Venue:** 2 miles <10 mins. **Directions:** 2nd at Roundabout at Sports Park Exit, Follow signs to Town Centre, Boots is location in the Howard Centre	**Level of Care:** Pharmacy
Slope patrol	**In contact by** Radio & PA	**Slope patrol** on-site during racing Yes
Ambulance	**In contact by phone 999**	**Location** 2.3 miles / approx. 8 minutes **Bottom of slope is accessible by ambulance**
Slope accident Protocol	**First aid located at:** **Doctor located at:** **In contact by:**	1. The facility provider Gosling has arranged that suitably qualified first-aid staff are dedicated to the event and will be located at the foot of the slope during skiing. 2. In addition, Gosling staff will be in contact by radio / telephone with Gosling Duty Manager. 3. Gosling Duty Manager is also a qualified first aider and will be on-site although not necessarily at foot of slope. 4. Gosling provide a stocked first aid kit and defibrillator, have advised that this is located in the ski hut at the bottom of the slope. A second defibrillator is located at the reception desk in the main building. 5. No medication is carried. 6. Race to be stopped immediately on incident. Officials instructed to call for first aid support using flags and radio. 7. Gosling staff to summon Duty Manager as backup first-aider.

		8. First Aider to assess whether injured can be moved from slope or not. 9. If can be moved, slope is cleared, and race restarted once backup is on site. 10. If must be left in situ then race will continue to be suspended until appropriate next level support (ambulance) attends and course is cleared. 11. Once in attendance, Gosling Duty Manager is responsible for the incident and will call Ambulance if required. 12. Chief of Championships completes accident form or notes on report.
Crowd / Public Protocol *Only if different from above*	**First aid located at:** **Doctor located at:** **In contact by:**	As above
Back-up plan	Gosling Duty Manager will be on duty as well and have basic first aid training	If primary first aid has to attend an incident, race can continue only IF course is clear AND with backup first aider in place.
Defibrillator Equipment	**Is there a Defibrillator (AED) on site?** **Where is it located?** **Is there a person on site trained to use the equipment?** **If not on site, nearest Defibrillator located at:**	Yes 1) Main centre reception 2) Ski hut at base of slope Yes- duty manager (01707 903840) or via radio through Gosling staff dedicated to the event

The Medical arrangements fully meet the criteria for BARTS competitions	**Yes/ No If no identify issue below**

Description	Yes/No	Complies fully with Rule 1? Y/N	Degree of compliance 1-5 (where 5 = fully in place)	If not fully complied, reason
	Yes	No	3	Technical event only, not a speed or ski-cross event. Doctor / Paramedic not necessary in view of proximity of hospital.

Signed:		Chief of Champs *Delete as appropriate*	Date:	

The plan should be discussed on setting up contract with venue and prior to publication of Acceptance Bulletin.
The document should be agreed and signed by Chief of Race/Medical Director/Chief of Championships plus TD (if applicable).
Please email completed forms to sponsoring constituent group.